



Office of Training
and Certification

New Jersey Division of Fire Safety

BASIC PRACTICAL SKILLS EXAMINATION REPORT

Skill sheet #

FF1-38

Certification title

Firefighter 1
Using a Leg Lock to Work from a Ladder

Applicant Information

Candidate name

DFS ID #

Course #

Evaluation

Standard:
NFPA 1001, 2019 Edition
Skill Drill 11-19
Fire Fighter I, 4.3.6

Task
Safely work from a ladder while carrying a tool.

Conditions and Outcome
The candidate shall be provided with an extension ladder, personal protective equipment, and a small tool (pick axe, flathead axe, and pike pole). The candidate shall demonstrate the ability to safely work from a ladder.

Student must pass 4 of 5 steps to pass this skill sheet.

Number	Task Steps	First Test		Retest #1		Retest #2	
		Pass	Fail	Pass	Fail	Pass	Fail
1	Climb to the desired work height and step up to one more rung.						
2	Note the side of the ladder where the work will be performed. Extend your leg between the rungs on the side opposite the side you will be working.						
3	Once your leg is between the rungs, bend your knee, and bring your foot back under the rung and through to the climbing side of the ladder.						
4	Secure your foot against the next lower rung or the beam of the ladder. Use your thigh for support, and step down one rung with the opposite foot.						
5	The use of a leg lock enables you to have two hands free for a variety of tasks, including placing a roof ladder or controlling a hose stream.						
Final Test Result for Entire Task							

Evaluator signature & comments, Test #1		Evaluator signature & comments, Retest #1		Evaluator signature & comments, Retest #2	
Evaluator signature	Date	Evaluator signature	Date	Evaluator signature	Date
Candidate signature & acknowledgement, Test #1		Candidate signature & acknowledgement, Retest #1		Candidate signature & acknowledgement, Retest #2	
By my signature below I acknowledge I have read and understood the evaluation results and evaluator comments		By my signature below I acknowledge I have read and understood the evaluation results and evaluator comments		By my signature below I acknowledge I have read and understood the evaluation results and evaluator comments	
Candidate signature	Date	Candidate signature	Date	Candidate signature	Date

Form DFS-SS-1 10/12

Approved by NJ SME Committee 11/20/2020

Updated by NJ SME Committee 3/8/2021

Revised 4/27/2022

