

*IF YOU ARE STRUGGLING,
YOU ARE NOT ALONE.*

THIS IS NOT A FIRE STATION
THIS IS A FIRE *HOUSE*
EVERYONE IN THIS HOUSE IS FAMILY

*CALL 24-7 FOR IMMEDIATE, CONFIDENTIAL ASSISTANCE
FROM OTHER FIREFIGHTERS AND FIRST RESPONDERS.*

NJ Fire and EMS Crisis Hotline: 888-NJ-FD-EMS (888-653-3367)
Professional Firefighters Association New Jersey (PFANJ): 609-396-9766
NJ Firefighters Mutual Benevolent Association CISM Team: 732-499-9250
National Volunteer Fire Council: 888-731-3473

