



# NJ Emergency Responder Health and Fitness Symposium

**Thursday, April 12, 2018**

**8:00am-3:30pm**

**Middlesex County Fire Academy**

**1000 Fire Academy Dr. Sayreville, NJ 08872**

Spend the day with nationally renowned presenters who will teach their methods of healthy living and health hazard reduction. With a focus on cardiovascular/physical fitness, cancer prevention, and mental health, all levels of the fire service and EMS will benefit from the information provided. A full list of speakers will be announced at a later date.

Visit [www.KeanFireSafety.com](http://www.KeanFireSafety.com) for registration information.

